

## **Scientific references on the feminine cycle and on Natural Family Planning (NFP)**

Barbato M, Bertolotti G. *Natural methods of fertility control: A prospective study of 460 couples.* Int J Fertil 1988 (Suppl): 48-51.

Bonnar J, Flynn A, Freundl G, Kirkman R, Royston R, Snowden R. *Personal hormone monitoring for contraception.* The British J of Family Planning 1999; 24: 128-134.

Clubb E et al. "A pilot study on teaching NFP in general practice." Proceedings, Part II – Natural Family Planning. Current Knowledge and strategies for the 1990s, Georgetown Univ. Washington D.C. Dec 1992.

DiCenso A, Guyatt G, Willan A, Griffith L. *Interventions to reduce unintended pregnancies among adolescents: systematic review of randomised controlled trials.* BMJ 2002 Jun 15;324(7351):1426

Ecochard R, Pinguet F, Ecochard I, de Gouvello R, Guy M, Guy F. *Analyse des échecs de la planification familiale naturelle.* Contracept. Fertil. Sex. 1998 Vol.2 n°4, 291-296

Elstein M, Jennings VH, Queenan JT, Spieler J. *Natural family planning and reproductive health awareness: Expanding options and improving health.* Advances in Contraception April 1997; Vol 13: 2-5.

*European multicenter study of natural family planning (1989-95): efficacy and drop-out.* The European NFP study groups. Adv. Contracept (Netherlands) 1999; 15 (1): 69-83.

France JT, Graham FM, Gosling L, Hair P, Bruce S. *Characteristics of natural conceptual cycles occurring in a prospective study of sex preselection. Preselection : Fertility awareness symptoms, hormone levels, sperm survival and pregnancy outcome.* Int J Fertil 1992; 37 (4) : 244-25.

Freundl G. *Natürliche Familienplanung (NFP) in der ärztlichen Praxis—Kooperation mit ausgebildeten Beratern.* Arch Gynecol Obstet (Germany) 1995; 257 (1-4): 643-650.

Frank-Herrmann P, Freundl G, Gnoth Ch et al. *Natural family planning with and without barrier method use in the fertile phase: efficacy in relation to sexual behaviour – a German prospective study.* Adv Contracept 1997; 13: 179-189.

Freundl G, Bonnar J, Flynn AM, Frank-Herrmann P, Kirkman R, Snowden R: *Effektivität eines neuen Verhütungscomputers „PERSONA“ – Bericht über Testergebnisse in Deutschland.* Fortschr Med. 1998; 116 Originalien I: 25-30.

Freundl G, Frank-Herrmann P and Bremme M. *Results of an efficacy-finding study (EFS) with the computer-thermometer Cyclotest 2- plus containing 207 cycles.* Adv Contracept 1998; 14: 201-207.

Freundl G, Frank-Herrmann P, Godehardt E , Klemm R and Bachhoffer M. *Retrospective clinical trial of contraceptive effectiveness of the electronic fertility indicator Ladycomp Babycomp.* Adv Contracept 1998; 14: 97-108.

Freundl G, Frank-Herrmann P, Raith-Paula E. *Natürliche Familienplanung.* Gynäkologe 1998; 31: 398-409.

Girotto S. et al, Rötzer J. *Comparing a public and private sector NFP program: implications for NFP expansion.* Adv. Contracept (Netherlands) Jun-Sep 1997; 13 (2-3): 255-260.

Gnoth C, Frank-Herrmann P, Freundl G, Kunert J, Goedhardt E. *Sexual behaviour of natural family planning users in Germany and its changes over time.* Adv Contracept 1995; 11: 173-185.

Gray RH, Simpson JL, Bitto C, Barbato M and Jennings V. *Sex ratio associated with timing of insemination and length of the follicular phase in planned and unplanned pregnancies during use of natural family planning.* Human Reproduction 1998; vol.13, p. 1397-1400.

Guida M, Tommaselli GA, Pellicano M, Palomba S, Nappi C. *An overview on the effectiveness of natural family planning.* Gynecol Endocrinol (England) Jun 1997; 11(3) : 203-219.

Guida et al. *Efficacy of methods for determining ovulation in a natural family planning program.* Fert Ster 1999; 72/5: (900-904).

Hilgers Th, Stanford J. *Creighton Model NaProEducation Technology for Avoiding Pregnancy* J. of Reproductive Med..Vol:43 n°6, June1998

Howard M, Stanford J. *Pregnancy probabilities during use of the Creighton Model Fertility Care System* Arch Fam med/vol 8, Sep/Oct 1999

Klaus H.. *Natural Family Planning: a review* 28 p. 1995: NFP center of Washington,D.C.,Inc. 8514 Bradmoor Drive Bethesda,MD 20817-3810

De Leizaola-Cordonnier A. *Natural Family Planning effectiveness in Belgium.* Adv. in Contracept. 1995; 11: 165-172.

Maurizio G, Tommaselli GA, Palomba S. *Efficacy of methods for determining ovulation in a natural family planning program.* Fert Ster 1999; Vol 72 : no 5.

***Natural Family Planning and Reproductive Health awareness. Advances in Contraception Vol 13 Nos 2/3: 81-384, June/Sep 1997. Kluwer Academic Publishers***

Pyper CM. *Fertility awareness and natural family planning.* Eur. J Contracept Reprod Health Care 1997; Jun; 2 (2): 131-146 Review.

**Raith E, Frank PP, Freundl G. *Natürliche Familienplanung heute.* New York, Berlin, Heidelberg: Springer 1999 (250 S).**

Simpson JL, Barbato M, Queenan JT et al. *Pregnancy outcome in natural family planning users: cohort and case-control studies evaluating safety.* Adv. Contracept (Netherlands) Jun-Sep 1997; 13 (2-3): 201-214.

Stanford JB, White GL, Hatasaka H. *Timing intercourse to achieve pregnancy: current evidence* Obstet gynecol 2002 Dec; 100(6):1333-41

The WHO Multinational Study of Breastfeeding and LAM *III Pregnancy during breastfeeding* Fert Ster Vol 72 No 3: 431-440 Sept 1999.